



*A Skilled/Intermediate, Long Term Care Facility with Congregate Living Apartments*

## ***OUR MISSION***

We believe that God, through His word, has instructed us to care for the sick, infirm and aged loved ones of our church and community. Our mission is:

- to provide high quality health care services in a cost-effective manner.
- to provide spiritual care in a loving, Christian, homelike atmosphere.
- to help each resident maintain dignity and self-esteem.

*“Cast me not off in the time of old age; forsake me not when my strength faileth.” Psalm 71:9*

## ***FACILITIES***

Apostolic Christian Resthaven is located on Elgin’s far west side. The property was annexed by the Apostolic Christian Church to the City of Elgin and is served by city water and sewer. Hot water gas heat and central air conditioning serve the facility in the winter and summer for residents’ comfort.

The mostly brick building with cedar trim is located on a spacious country setting surrounded by 200 year-old oak trees on the west, the Apostolic Christian Church and Fellowship Center to the north, a church and Christian school to the east, and residential homes across the road to the south. Eighteen congregate living units for the elderly with garages are attached to the north side of the nursing home. A 1½ acre pond, stocked with bass and bluegill, is situated to the north of the facility and parking area. The unique New England architecture with its country setting and furnishings gives Resthaven a truly warm, home-like atmosphere.

Resthaven is licensed by the State of Illinois Department of Public Health for 50 beds, four private and 23 semi-private rooms. Skilled or intermediate nursing care is provided to both men and women. In order to help residents participate in some of the activities which they enjoyed in the community, Resthaven also has:

- Beauty Parlor/Barber Shop, which provides all the services of a larger shop.
- Gift Shop, offering greeting cards, craft items, candy, and small gifts.
- Bird aviary, recliners, cozy sitting room, pianos, and small aquarium.

Our congregate apartments include a lovely dining room, a spacious sunroom enclosed in glass with a view of the

## ***HISTORY***

Apostolic Christian Resthaven was incorporated in 1965 through the proceeds of a will from a member of the Apostolic Christian Church of Elgin. After extensive research, planning and building, the first Resthaven resident was admitted May 10, 1972. This first Resthaven was licensed for 31 sheltered care (supportive) beds. After 11½ years at Bode Road in Elgin, Resthaven was sold December 1, 1983, with the church’s intention to build a 49-bed skilled/intermediate care facility on Elgin’s west countryside. Construction began in August 1984 and was completed in October 1985. Twelve apartments were opened April 15, 1986. One additional nursing care bed and a complete in-house laundry was added in May 1988. On January 1, 1991, six additional apartments were opened with garages.

## ***MEDICAL SERVICES/THERAPY***

To provide for our resident's medical needs, Resthaven offers its residents 24-hour nursing care provided by Registered and Licensed Practical Nurses. An ample number of nursing assistants provide for the personal care needs of each resident.

Resthaven has a Medical Director on call 24 hours a day in the event of an emergency for medical guidance. Medications are supplied through a unit dose system. This means that the pharmacy prepares and delivers medications daily, decreasing the possibility of medication errors and allowing the nursing staff more time for resident care. Resthaven also has transfer agreement privileges with both Sherman Hospital and Provena St. Joseph Hospital in Elgin. In addition to our excellent medical care, Resthaven offers a full range of therapy services as prescribed by the attending physician. These include but are not limited to, physical therapy, speech therapy, occupational therapy, podiatry and dental care. We also encourage our residents and their families to participate in the resident's plan of care whenever possible. This increases the potential for residents to retain or regain their self worth and independence. Our goal is to maximize each resident's mobility and potential for rehabilitation and to minimize discomfort and pain.

## ***DINING***

Three delicious, nourishing meals are served table side in gracious style from our clean modern kitchen. Properly proportioned meals, including special diets, are prepared under the supervision of our highly trained Dietary Manager and Registered Dietitian to provide quality standards of nutrition.

Tables seat four to six residents in our cheerful dining room. This provides for increased social interaction and fellowship among our residents.

Exciting dining events are offered with menus changed to accommodate holidays, parties, special events and a variety of favorite foods. Overall, dining at Resthaven is like eating at home...with the service of dining out.

## ***SPIRITUAL PROGRAMS/ACTIVITIES/SOCIAL SERVICES***

Apostolic Christian Resthaven, established by the Apostolic Christian Church of Elgin, places emphasis on the spiritual needs of our residents. With this thought in mind, we offer a number of spiritual programs for our residents. These include church services on Sunday morning and afternoon and Wednesday evening, along with weekly Bible study and hymn sings. Throughout the year, various local church groups hold special singings for our residents. Our mission at Resthaven is based largely upon a theme consisting of the Christian principles of providing love, support, and assistance to those we service.

An exciting activity program is offered by Resthaven which provides a wide range of activities for all residents. Specialized groups from the community allow the continuation of various interests and hobbies of residents. Arts and crafts provide an opportunity to get in touch with ones' creative self and experience the satisfaction and beauty of making and doing. Gardening activities bring back pleasant memories for many residents with fond memories of working outdoors. A full range of other activities are provided seven days a week which satisfy the social and recreational needs of residents. These include games, singing, exercises, parties, music, current events, and pet therapy. Special events include picnicking and fishing on our beautiful grounds, community shopping/dining out, theme days, and holiday/birthday parties. Also, we have a special intergenerational partnership with Westminster Christian School in Elgin. Each resident's room is equipped with TV antenna hook-up and telephone jacks for the residents' convenience.

Resthaven also provides for the residents' social and emotional needs in other ways. A well-trained Social Service Designee is employed to carefully explain all the details of "Life at Resthaven" to both potential residents and their families, while gathering information that is essential for a smooth transition to residency. The Social Service Designee also consults on a regular basis with residents and families on their special problems, concerns, and questions while serving as Resthaven's representative at Resident Advisory Council meetings. The council is comprised of residents who desire to have a say in Resthaven's policies that affect their lives. To assure that high quality up-to-date services are offered to our residents, Resthaven has a Mastered Social Worker and Recreational Therapist with several years of geriatric experience to consult to our Social Service Designee and Activity Director.

## ***LOCATION***

Apostolic Christian Resthaven is located at 2750 West Highland Avenue, ¼ mile west of Randall Road in Elgin. From I-90 (Northwest Tollway), exit at Randall Road. Go south (left) two miles to the Highland Avenue/Randall Road intersection. Turn west (right); go ¼ mile to Resthaven.

From US 20 Bypass, take the Randall Road exit north (the farthest west Elgin exit). Go one mile to the Highland Avenue/Randall Road intersection. Go west (left) ¼ mile to Resthaven.

From Elgin, take Highland Avenue ¼ mile west of Randall Road to Resthaven.

# **JANUARY 2010**

*ILLINOIS PUBLIC HEALTH LICENSE:* 50 Beds for Skilled Care, Intermediate Care

*KINDS OF ROOMS:* 27 Total Rooms (23 double, 4 private)

*PAY TYPE ACCEPTED AS OF ABOVE DATE:* Private Pay, Medicaid, Private Insurance

*NUMBER OF BEDS CERTIFIED:* Medicaid: 50 Beds, No guarantee to be future participant in Medicaid program

## **BASIC DAILY ROOM AND BOARD RATE**

Rates as established according to the following schedule with payment due and payable the first of each month in advance.

### *Intermediate/General Care*

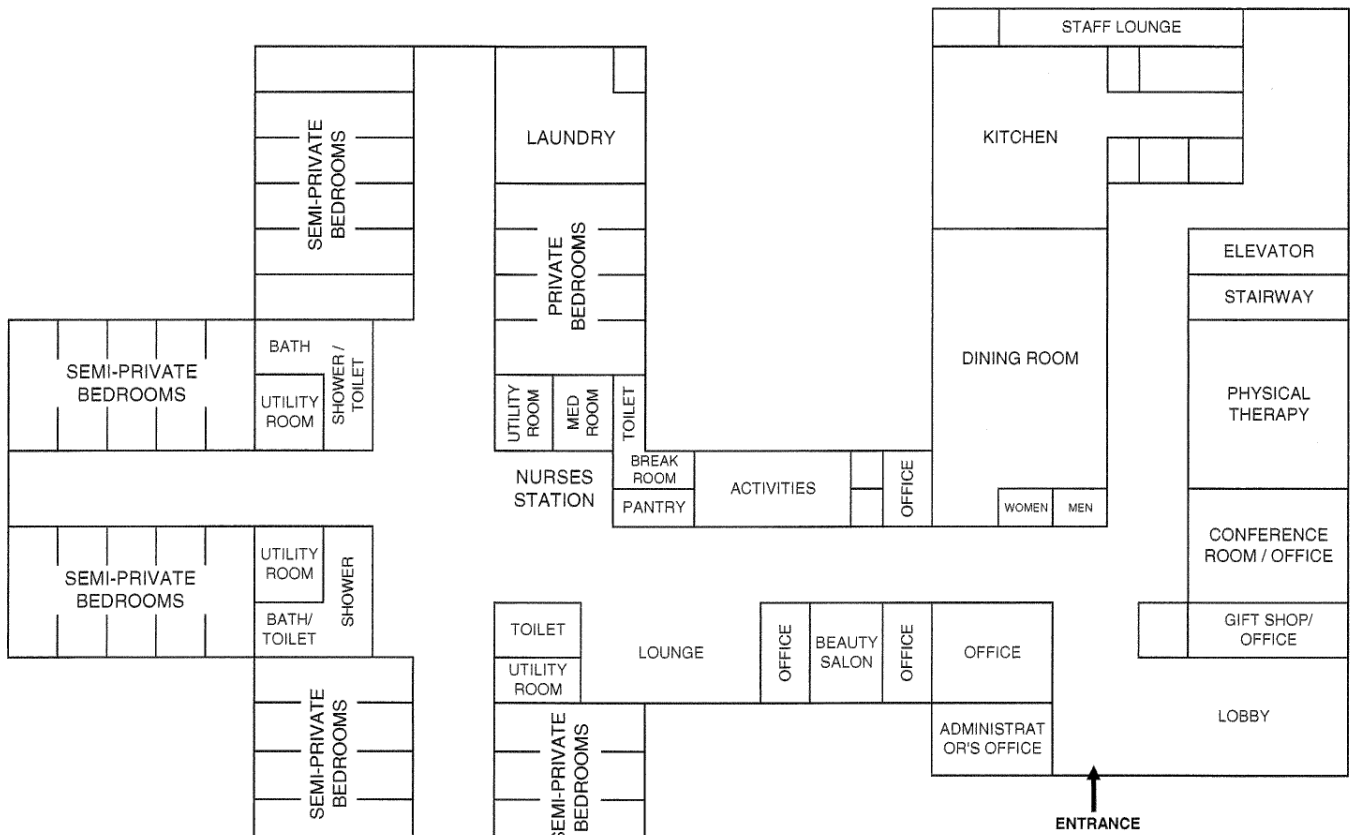
Semi-Private	\$173.00
Private	203.00

### *Skilled Care*

Semi-Private	\$185.00
Private	215.00

### *Heavy Skilled Care*

## **FACILITY LAYOUT**



## ***ADMINISTRATIVE STAFF***

ADMINISTRATOR ..... David Stieglitz LNHA, HFA  
DIRECTOR OF NURSING..... Virginia Scappino RNC  
ASSISTANT DIRECTOR OF NURSING..... Sue Sneed RN  
BUSINESS MANAGER ..... Vicki Kellenberger AS  
DIRECTOR OF FOOD SERVICES ..... Bethany Schmidgall  
SOCIAL SERVICES DESIGNEE..... Cindy Ross  
OFFICE MANAGER ..... Carolyn Haas AS

## ***CONSULTANTS***

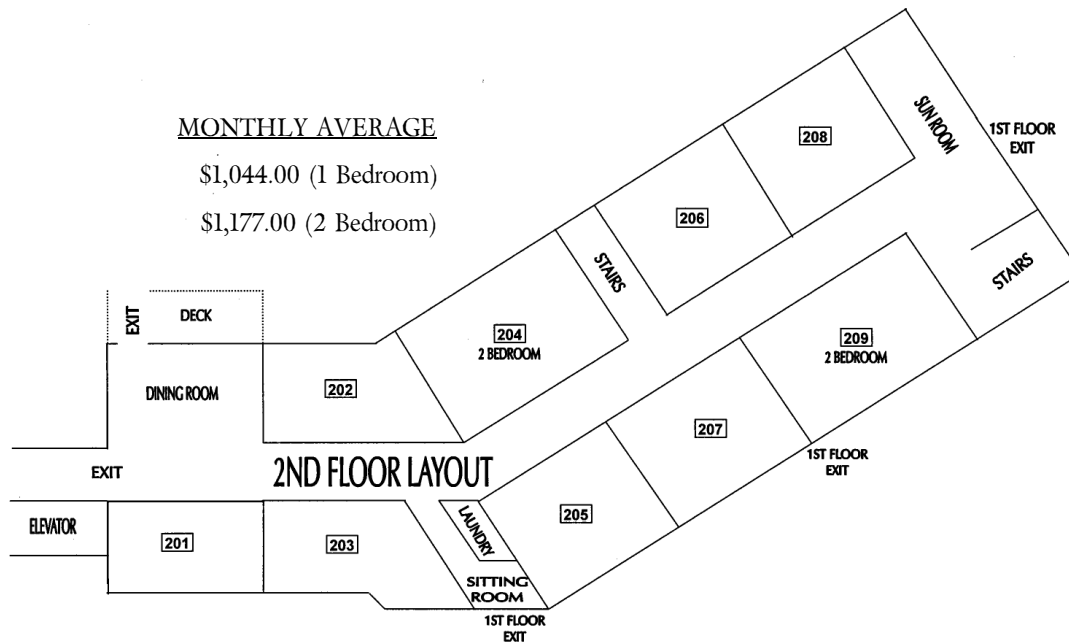
MEDICAL DIRECTOR ..... Richard Baley MD  
DENTIST ..... Dawn Silfies DMD  
PODIATRIST..... Kenneth Jacoby DPM  
CLINICAL SOCIAL WORKER..... Traci Bishop LSW-Health Services Consultants, Inc.  
RECREATIONAL THERAPIST ..... Ann Scheerer BA, CTRS, RMT-Quality Care Consulting  
PHARMACY..... Olubukola (Buki) Familola Pharm D-Omnicare Pharmacy  
PHYSICAL THERAPIST..... Alliance Rehab  
SPEECH THERAPIST ..... Alliance Rehab  
OCCUPATIONAL THERAPY ..... Provena St. Joseph Hospital  
DIETARY CONSULTANT..... Nutrician Care Systems, Inc.  
LABORATORY ..... NICL Labs

## ***RESIDENTS NOT ELIGIBLE FOR ADMISSION***

- Who use tobacco products on Apostolic Christian Resthaven premises or is addicted to alcohol.
- Who use alcohol, unless a physician's order is currently on file and in effect.
- Who require mental treatment.
- Who are destructive of property, self, or other persons.
- Who are suffering from a communicable, contagious or infectious disease without prior approval from the Department of Public Health (This excludes chronic decubital ulcers with the presence of pathogenic organism or if the person's condition is communicable, contagious, or infectious only through blood or other body fluid contact.)
- Who are under 18 years of age without prior written approval from the Department of Public Health.
- When ten percent of current Apostolic Christian Resthaven residents are under age 60, then only applicants over age 60 shall be admitted.

Apostolic Christian Resthaven admits those residents under the care of a physician, without regard to race, color, religion, national origin, age, disability or whether or not the resident has executed an advance directive for care. The same eligibility requirements and resident services are assigned and available, without distinction, to all residents and visitors regardless of race, color, religion, age, national origin, disability or whether or not the resident has executed an advance directive for care. All persons and organizations having occasion either to refer residents for services or to recommend our long term care facility are advised to do so without regard to same.

# ***INDEPENDENT LIVING APARTMENTS***



We currently have 18 independent living apartments, which include 12 one-bedroom units, 5 two-bedroom units, and one studio unit. These are rented on a monthly basis starting at \$1015/month for the one-bedroom units and \$1130/month for the two-bedroom units.

Your monthly rental includes:

- Electricity, gas, water, and sewer
- One meal per week/per tenant available to be used in our Apartment Dining Room
- Housekeeping for common areas and care of the grounds are done by our staff
- A Laundry Room is provided on each floor for the tenants to share
- Emergency services (Lifeline), and we will assist you in arranging for personal care services, if the need arises
- Outside parking
- Transportation is available for appointments and shopping, but must be arranged in advance

For an additional charge we also offer:

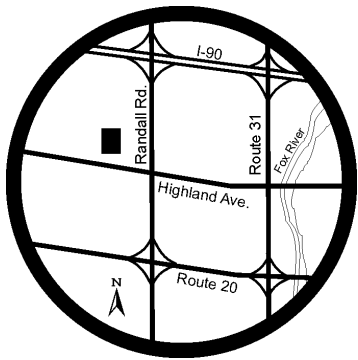
- Telephone & Cable TV
- Meals are available in our Apartment Dining Room for \$4.00 each
- Housekeeping services are available for your apartment units at an additional charge (please see Administrator)
- There are eight garage units available (\$85/month)
- When not in use as a residence, the studio apartment is available as a guest room for out-of-town visitors

The Lifeline emergency medical alert service is provided at no additional cost, and we will assist you in arranging for personal care services, if the need arises. Transportation is available for appointments and shopping, but must be arranged in advance. All prices are subject to change without notice.

If you are interested in having your name placed on our waiting list, please complete the "Application For Apostolic Christian Resthaven Congregate Housing Unit", "Congregate Housing Units Resident Information", and the "Financial Statement of Assets of Residents" forms. Please feel free to contact David Stieglitz, Administrator, for a tour of our apartments or if you should have any questions about the units. Thank you for your interest!



APOSTOLIC CHRISTIAN RESTHAVEN  
2750 W HIGHLAND AVE  
ELGIN, IL 60124-4202



*Please contact us with any other questions, or to set up an appointment to view our Home. Please feel free to visit our website [www.acrelgin.org](http://www.acrelgin.org) or email us at [info@acrelgin.org](mailto:info@acrelgin.org). You may cut out the Business card below for future reference.*

"Loving Care...To The Glory of God"

*Cindy Ross*  
Social and Family Service



***Apostolic Christian Resthaven***

A Skilled/Intermediate, Long Term Care Facility with Congregate Living Apartments  
2750 W Highland Ave · Elgin, IL 60124-4202 · 847.741.4543 · Fax 847.760.6224

We invite your personal inspection of our unique, home-like, highly-respected nursing facility and apartment complex.

To inquire about a tour or admission to the skilled nursing home, please write or call our Admissions/Social Service Designee, Cindy Ross. If you have questions about our apartment complex, please write or call our Administrator, David Stieglitz.